

Life Enrichment Centre

Helping You Discover How Wonderful Life Can Be



10417 Orange Blossom Blvd. South Sebring, FL 33875 www.unityofsebring.org e-mail: unity@vistanet.net 863-471-1122



Senior Minister Rev. Andrew C. Conyer

Board of Trustees

Jim Hendrie - President
Denise Beauparlant- Vice President
Steve Sekely - Treasurer
Kim Timmermann - Secretary
Lois Brown - At Large
Charlie Stroup - At Large
Joe Klocek - Alternate
Joann Cardarella - Alternate

Licensed Unity TeachersBeth Barnes, Joanne McAfee

Barnes, Joanne McAfee Sunny Zengler

Church Staff

Beth Barnes - Pastoral Care Adam Ray - Minister of Music Lawanna Green - Children's Church Barb Burns- Nursery Tracy Schuknecht - Uniteens Jim Day - Maintenance and Grounds

Sunday Team Leaders

Tena Conyer - Sunday Worship Hank Beauparlant - Ushers Virginia Peck - Greeters

Prayer Team Leaders

Virginia Peck, Barbara Burns, Debbie DeCerbo, Rev. Andrew Conver

Prosperity Sunday Volunteer Harold Knutson

Bookstore Manager

Roger Perkins

Audio/Visual
Timothy Willsey Coordinator

Offering Count

Tena Conyer, Steve Sekely

Hospitality Team Janice Hendrie

Media/Newsletter Rev. Andrew Conver

Webmaster

Josh Little
Sunday Set-up
Debbie DeCerbo

Volunteer Coordinator Denise Beauparlant



On January 20, 2011, The membership met for the 2011 Annual Family Meeting at Unity Life Enrichment Centre.

President, Jim Hendrie welcomed all in attendance and introduced Vice President - Denise Beauparlant. Denise outlined the accomplishments of 2010 and revealed a new organizational chart to help develop leadership within the church. She also announced the development of a new line of leadership positions as the Board had created a Board of Advisors structure to help with church growth and development. The need to deepen personal involvement in the planning and execution of a wide variety of areas of service is crucial for our ongoing health as an organization.

Treasurer, Steve Sekely presented the 2010 Financial Report to the membership and answered questions that were offered.

On behalf of the membership, Rev. Andy honored outgoing Board members; Steve Sekely - Treasurer, Beverly Bennett - Secretary, Alternate Members, Kim Timmermann and Jim Day - with a Certificate of Appreciation. Flowers were given to Beverly Bennett for her 6 years of Board service as Secretary.

Rev. Andy spoke on behalf of Uniteen leader, Tracy Schuknecht, as she was unable to attend. He spoke of the growth of this age group and the contribution they are making to us and others in the Unity movement.

President, Hendrie presented the slate for consideration. The membership voted and approved the slate of candidates. They are as follow: Steve Sekely, and Kim Timmermann, 3 year, Voting Members. Joe Klocek, and Joann Cardarella, as 1 year, non-voting Alternates.

Several wonderful ideas were mentioned for the Boards consideration this year. One of which is a campaign to pay off the mortgage and the need to make sure that as we grow no one is forgotten.

IMPORTANT CONTACT INFORMATION

Contact information you need to know.

PHYSICAL & MAILING ADDRESS

Unity

10417 Orange Blossom Blvd. S. Sebring, Fl 33875

E-MAIL ADDRESS

unity@vistanet.net

OTHER CONTACT INFORMATION

Phone Numbers 863•471•1122 Office 863•471•0661 Fax Web Address http://www.unityofsebring.org

NEWSLETTERS

are now available online by going to our Website

PLEASE KEEP US UPDATED

If there is a change in any of your addresses, phone numbers etc.

Please contact the office.

PLEASE LET US KNOW

If you would like for us to list your birthday in our newsletter.

Let us know if you are in the hospital.

The hospitals **do not** contact us.

CONTACT US FOR PRAYER

No matter how small you may think your challenge may be, we have over 80 people who want to join you in prayer, and Silent Unity too!

All prayer requests are held in confidence and can be submitted at church, by phone, through our website, direct e-mail or snail mail..

CommUNITY Involvement

CommUNITY is about sharing who we are with each other and the world. Through volunteering of your time and talents, there is no doubt, your life will be enriched. Below you will find just some of the opportunities available for your participation. Let's join together, have some fun, and share our love.

Sunday Refreshments - Help Requested



After service Sunday fellowship has become one of the highlights of the week for many within our congregation. Everyone is invited to stay after service and enjoy refreshments.

To make Sunday refreshments manageable, enjoyable & affordable, these are the guidelines for refreshments.

- **1.** 12 people are needed to bring food, help set up and clean up after.
- **2.** Items offered are to include, vegetable trays, fruit trays, and dessert trays.



Please see Janice Hendrie before or after service, if you are interested and able to provide these wonderful items for all to share.

PROSPERITY SUNDAY

Unity members practice tithing in a variety of ways. We give because we have been already richly blessed in so many ways. By giving from the spiritual standpoint of "God is our Source", we open the flood gates to our own good blessings and we send forth abundance for others to experience.

For the month of March we will be supporting **Unity's Hands Up Program.** The program offers individuals the opportunity to

earn extra money by doing odd jobs around the centre. Financial contributions are appreciated. In April we are collecting for **Spring Lake Presbyterian Food Pantry**. The pantry is looking for canned goods, and cleaning supplies and monetary donations.









Ministry Expansion Inquiry Team

Update



As mentioned in the last Unity Newsletter, Unity of Sebring is growing. To meet this expansion and the demands of our membership, the time has come for us to explore creating new ways to meet the needs of those we serve. On Wednesday, January 12, we started an inquiry as to how we can best meet the needs of those we serve with new and exciting programing. The inquiry team explored the possibilities of creating an additional service/ministry with the focus being for those between

the ages of 18-40. This demographic is well under served and with the number of new people within this age group, (many with children living at home) their lives call for a different focus than those who have moved beyond those years.

At this time we are compiling the information and another meeting revealing the results of the initial inquiry will be studied and another broader based inquiry will be taken to include more input from the general population of the centre. Check the weekly bulletin for more updates and when the next meeting will be scheduled.

Photo Directory

At the Annual meeting, Lois Brown suggested we create a photo directory to help members remember faces and as a way for all to have contact information. Lois and Linda Woods have teamed up and started on creating the directory, taking pictures, and gathering information you wish to share in the directory.

This is a completely voluntary inclusion program for those who wish to participate. Check the weekly bulletin for information regarding the project if you care to participate.

A donation is requested if you care to receive a printed directory. More information to follow.

Jim Day Hired to Oversee Building and Grounds

The Unity Board of Trustees recently realized the Centre needed a Building and Grounds Maintenance person to insure safety, and keep Unity's investment in the building and grounds in top working order. When reviewing who would be best suited for the position, there was one name that kept coming up over and over again, Jim Day. Jim has an extensive background in building maintenance and grounds management. In fact he is also employed by the Highlands Country Shrine Club to manage their building and grounds operations. If you see something that needs attention in the building or around the grounds, please contact Jim right away.

may

Birthday Celebrations

03-02 Janice Hendrie 03-07 Dottie Blake 03-21 Marie Herrera 03-23 Roger Perkins

03-24 Sharon Horton 03-26 Hank Beauparlant 03-27 Diane Arch

03-28 Liz Carroll

03-02 Altha Gallagher 03-10 George Green 03-21 Julia Ann Rose

Be a part of our

Family Album

03-23 Denise Miriani 03-25 Dottie Hackworth

03-26 Sue Bruton 03-27 Barb Burns

April

04-02 Marilyn Pier 04-16 Marlene Marchant 04-27 Mark Ross

04-02 Michael Miller 04-25 Amy Smith 04-09 John Burns IV 04-25 Rhoda Ross

Class Offerings

Classes are open to the public and are subject to cancellation if class attendance requirements are not met. Check class for time and tuition. If you would like to lead a class, please contact Unity at 863-471-1122 or email us at unity@vistanet.net



The Monday Morning With God Group

Mondays 10:30am.

The Quest • A Journey of Spiritual Rediscovery
by: Richard and
Mary-Alice Jafolla

In every human heart there exists the hope of connecting with "something more." Tucked away deep within us, a part of us has always sought — yearned — that connection. THE QUEST opens the way for that connection. It presents eternal truths in a contemporary and very personal way. Whether you are just beginning your own individual quest or desire a deeper spiritual understanding, this guidebook and the accompanying activity book, ADVENTURES ON THE QUEST, will lead you with warmth and practicality through the pilgrimage of your soul. Facilitated By Chris Williams - Love Offering Basis *Books Available in Positive Outlooks Books and Gifts.*



Voices of Unity Rehearsals

Mondays 5:00pm Everyone is welcome to sing in the choir





YOGA

Mondays 6:00pm. Beginning and Intermediate Yoga

Dagmar Jones leads a beginning yoga class at the Centre each Monday night. Dagmar is a fully trained yoga instructor with years of experience in sharing with students the wisdom and techniques associated with this wonderful practice.

Dagmar teaches an Iyengar-infused style of hatha yoga that is both, rigorous and relaxing. She is trained in pranayama (breathing techniques), meditation, yoga nidra, and stress management.

Ms. Jones is registered with the Yoga Alliance, Registry ID # 37013.Yoga Alliance® registers individual yoga teachers who have complied with minimum educational standards established by the organization. The RYT (Registered Yoga Teacher) 200 program involves 200 hours of yoga instruction for certification. For information about Dagmar and the yoga she teaches you can find her on the web at http://www.infinitelightyoga.weebly.com



Heal Thyself - Heal Our Earth Tuesdays 6:00pm Meetings Every Other Week

This group is exploring many modalities of healing. Spiritual, physical, emotional, and planetary all are seeking to be reunited in the one true source of love. Connected to the source of divine wholeness, we will discover our true nature and express and share it with the world. All are invited to come experience new avenues of healing that will bring peace, love, health, and happiness to your life.

The course will be facilitated by Bill Jones, who has 10 years of experience as a healer and intuitive. Check calendar for meeting dates. Love Offering Basis

Class Offerings Continued



Highlands County CareGivers Network Tuesdays 6:00pm Meetings Every Other Week

The focus of the network is to bring people together, share support, resources, information and friendship during this portion of you and your loved ones journey. Meetings are open to anyone who provides care for another. If you are a caregiver you are encouraged to attend meetings or simply connect with us online, so you can find valuable resources that will support you and your loved ones. Check calendar for meeting dates.

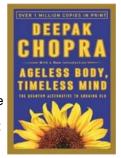


The Quest Group

Now Studying Ageless Body, Timeless Mind

Thursdays 6pm

The message of this book? "We do not need to be victims of aging, sickness, and death. There is plenty of scientific evidence that shows we can live a life of health and wellness. "There is nothing inevitable about aging" Dr. Deepak Chopra. Facilitator: Joanne McAfee, L.U.T. Love Offering



A COURSE IN MIRACLES TEXT WORKSOOK FOR STUDENTS MARKAL FOR TELOPERS

A Course In Miracles

Fridays 6pm

A Course In Miracles Study group is now offered at the Centre on Friday evening at 6:00pm. All are invited to attend and are asked to help pass the word that the group is now meeting. A Love Offering will be accepted. Books are available in the bookstore for purchase. Facilitator: Beth Barnes, L.U.T. • Love Offering



Join Us As We Journey Through Life Together

Have you ever wondered, "How do I become a member of Unity of Sebring?" Join us after the service, on Sunday April 3, 2011, and find out everything you always wanted to know about Unity, and become a real part of our growing family. Please let us know if you are interested in joining so we can have

enough materials for your membership session. Sign up will begin Mid March and a sheet will be located on the information Station.

New member recognition will be held on the following Sunday, April 10, 2011 during the Sunday service.

Easter Activity Schedule

April 24, 2011 12:00pm

COMMUNITY GOOD FRIDAY SERVICE

Location yet to be determined

Saturday, April 23, 2011 Easter Egg Hunt and Barbecue Unity Centre Campus 10:30-1:00pm

April 24, 2011 **EASTER SUNDAY OFFERINGS**

9:15am Adult Discussion 10:30am Celebration Service

Saturday, April 23, 2011 10:30-1:00

Easter Egg Hunt - Games and Barbecue

The day begins at 10:30am with a Easter Egg hunt for the kids of all ages. What is most exciting is we are inviting local churches to join us for the day. After the hunt, there will be games, and activities for everyone. At noon, we will gather to share in a hamburger/hot dog barbecue.

Help with the activities and barbecue is requested. A Sign-Up Sheet will be located on the Information Station starting the 2nd Sunday of April.



New Program Being Organized

Angel Care Team **Coordinator: Charlie Stroup**

As we grow, it becomes even more important to make sure all who attend the centre are supported. That is why we are creating a team which will address the care and well being of our members.

Through the eyes of love, we recognize that every person has the need for support from time to time and the mission of Angel Care is to be there for our members and friends.

One of the greatest things we can do is assist another when they are going through a challenging time in their life is to let them know they are important and loved. Whether the challenge is sickness, loss of a partner, the inability to drive, or to go shopping for themselves, the team members lend a hand when needed, and an ear to listen, so you know you are not alone. Sometimes all one needs is a phone call to lift the spirit. Being remembered on birthdays and receiving a card of encouragement also help brighten a day.

There also comes a time when one needs to have their affairs in order. Specially trained Angel Care Team members will assist you in completing the Five Wishes Document. The Five Wishes Document gives you a way to control something very important - how you are treated if you become seriously ill.

By completing the Five Wishes Document you will assist your family, friends, and doctors to know how you want to be treated if you should ever become seriously ill. Family members will not have to guess what you want. It helps protect them because they will not have to make hard choices without knowing your wishes and desires. It also helps our Ministry Teams know how best to support you and your family in times of change.

To be a part of the Angel Care Team you must first apply with the Team Coordinator. An interview will be conducted to see where you are best suited within the areas of service through this outreach ministry. Training will be provided in procedures, framework of responsibilities, boundaries, and confidentiality. Program applications for Team members will start in March 2011.

